




































MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 	2 Chicken Salad Sandwich on WG Bread Steamed Broccoli or Cherry Tomatoes Fresh Banana  	3 Chicken Parmesan Whole Grain Pasta Steamed Cauliflower or Carrot Sticks Fresh Honeydew Melon  	4 Buffalo Chicken Wrap Roasted Carrots or Celery Sticks Fresh Apple Slices  	5 Teriyaki Chicken Brown Rice Steamed Kyoto Veg. or Tossed Salad Fresh Grapes  
8 Bone-in Chicken Wings (your choice of sauce) Dinner Roll Vegetarian Beans or Celery Sticks Fresh Apple Slices   	9 Chicken Potato Bowl Popcorn Chicken, Mashed Potato, Gravy, Corn or Cherry Tomatoes Fresh Banana  	10 Sloppy Joe on WG Bun Steamed Broccoli or Carrot Sticks Sliced Oranges 	11 Crispy Chicken Ranch Wrap Steamed California Blend Veg. or Tossed Salad Fresh Cut Watermelon  	12 Orange Ginger Chicken Brown Rice Steamed Kyoto Veg. or Sliced Cucumbers Fresh Cut Pineapple  
15 Chicago Dog WG Bun Vegetarian Bean or Cherry Tomatoes Fresh Apple 	16 Chicken Fajita on Ultragrain Tortilla Refried Beans or Tossed Salad Fresh Grapes 	17 Italian Meatballs Whole Grain Pasta Steamed Broccoli or Carrot Sticks Fresh Honeydew Melon 	18 BBQ Chicken Drumsticks Mashed Potatoes WG Dinner Roll Steamed Corn or Sliced Cucumbers Fresh Picked Banana  	19 Sweet + Sour Chicken Brown Rice Steamed Kyoto Veg. or Celery Sticks Fresh Cut Cantaloupe  
22 Smoked Turkey Ham Sandwich on WG Bread Steamed Cauliflower or Tossed Salad Fresh Grapes 	23 BBQ Pulled Chicken WG Bun Vegetarian Bean or Cherry Tomatoes Fresh Banana 	24 Chicken Alfredo Whole Grain Pasta Steamed Broccoli or Sliced Cucumbers Fresh Cut Pineapple 	25 Nat'l Quesadilla Day! Chicken Quesadilla Pinto Beans or Celery Sticks Fresh Honeydew Melon  	26 
29 Sliced Roast Beef Sub Sandwich on WG Bun Steamed Broccoli or Tossed Salad Fresh Apple Slices 	30 Grilled Chicken Buffalo Wrap Steamed Cauliflower or Cherry Tomatoes Fresh Grapes  			

Daily HS Choices

- Weekly Rotating Special - Daily Special

Mon. + Wed.

~Mia Pasta
~Viva Burrito
~Mmm...Burger
~Grab & Go Salads
~Daily Special

Tue. + Thu.

~Luigi's Pizza
~Mmm...Burger
~Nish Nosh Deli
~Grab & Go Salads
~Daily Special

Friday

~Stir-Fry Friday!
~Mmm...Burger
~Grab & Go Salads
~Daily Special

Each lunch includes Fresh & Steamed Veggies, Fresh Fruit, & 1% Milk or Chocolate Milk

Allergens

-  - Wheat
-  - Milk
-  - Egg
-  - Soy

Menu may be subject to change.

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star School Lunch Provider