



September 2025 **Lunch Menu**



Daily HS Choices

- Weekly Rotating

Special

- Daily Special

Mon. + Wed. ~Mia Pasta

~Viva Burrito

~Mmm...Burger

~Daily Special

~ Luigi's Pizza

~Mmm...Burger

~Nish Nosh Deli

~Grab & Go Salads

Tue. + Thu.



n Syrup





15

Bone-in Chicken Wings (your

Smoked Turkey Ham Sandwich on WG Bread Steamed Cauliflower or Tossed Salad Fresh Grapes

Sliced Roast Beef Sub Sandwich on WG Bun Steamed Broccoli or Tossed Salad Fresh Apple Slices

Chicken Salad Sandwich on WG Bread Steamed Broccoli or Cherry Tomatoes Fresh Banana



Chicken Potato Bowl

Popcorn Chicken, Mashed

Potato, Gravy, Corn or Cherry

Tomatoes

Fresh Banana

Chicken Fajita on

Ultragrain Tortilla

Refried Beans or Tossed Salad

Fresh Grapes

BBO Pulled Chicken

WG Bun

Vegetarian Bean or Cherry

Tomatoes

Fresh Banana

Grilled Chicken Buffalo Wrap

Steamed Cauliflower or

Cherry Tomatoes

Fresh Grapes

16

23

30

Chicken Parmesan Whole Grain Pasta Carrot Sticks

10 Sloppy Joe on WG Bun Steamed Broccoli or Carrot Sticks Sliced Oranges







Chicken Alfredo Whole Grain Pasta Steamed Broccoli or Sliced Cucumbers Fresh Cut Pineapple



Buffalo Chicken Wrap Roasted Carrots or Celery Sticks Fresh Apple Slices



or Tossed Salad

Fresh Cut Watermelon

BBQ Chicken Drumsticks

Mashed Potatoes

WG Dinner Roll

Steamed Corn or Sliced

Cucumbers

Fresh Picked Banana

Nat'l Quesadilla Day! 25

Chicken Quesadilla

Pinto Beans or Celery Sticks

Fresh Honeydew Melon

Crispy Chicken Ranch Wrap Steamed California Blend Veg.

18





Sweet + Sour Chicken Brown Rice Steamed Kyoto Veg. or Celery Sticks Fresh Cut Cantaloupe



Each lunch includes Fresh & Steamed Veggies, Fresh Fruit, & 1% Milk or Chocolate Milk

Allergens



- Wheat







subject to change.



TUESDAY



THURSDAY

FRIDAY





Steamed Cauliflower or Fresh Honeydew Melon



Steamed Kyoto Veg. or Tossed Salad Fresh Grapes

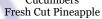
Teriyaki Chicken

Brown Rice

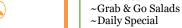












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~Daily Special

- **Friday** ~Stir-Fry Friday!
- ~Mmm...Burger
- ~Grab & Go Salads ~Daily Special















Menu may be



















